### CIGNA - Did you have an illness, injury or condition that needed care right away?

| UrgentCare | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |
|------------|-----------|---------|-------------------------|-----------------------|
| Yes        | 68        | 50.00   | 68                      | 50.00                 |
| No         | 68        | 50.00   | 136                     | 100.00                |

### The FREQ Procedure

CIGNA - How often did you get care as soon as you needed?

### The FREQ Procedure

| UrgentCareFast         | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|------------------------|-----------|---------|-------------------------|-----------------------|--|
| Sometimes/Never        | 10        | 15.38   | 10                      | 15.38                 |  |
| Usually                | 20        | 30.77   | 30                      | 46.15                 |  |
| Always                 | 35        | 53.85   | 65                      | 100.00                |  |
| Frequency Missing = 71 |           |         |                         |                       |  |

CIGNA - Did you get a checkup or routine care at a doctor's office as soon as you needed?

# The FREQ Procedure

| CheckupsFast           | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|------------------------|-----------|---------|-------------------------|-----------------------|--|
| Sometimes/Never        | 23        | 20.00   | 23                      | 20.00                 |  |
| Usually                | 27        | 23.48   | 50                      | 43.48                 |  |
| Always                 | 65        | 56.52   | 115                     | 100.00                |  |
| Frequency Missing = 21 |           |         |                         |                       |  |

CIGNA - Did you and your doctor/health provider talk about specific things you could do to prevent illness?

| Preventiliness        | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|-----------------------|-----------|---------|-------------------------|-----------------------|--|
| Yes                   | 104       | 77.04   | 104                     | 77.04                 |  |
| No                    | 31        | 22.96   | 135                     | 100.00                |  |
| Frequency Missing = 1 |           |         |                         |                       |  |

### CIGNA - Did you and your doctor/health provider talk about starting or stopping a medication?

| MedStartStop          | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |
|-----------------------|-----------|---------|-------------------------|-----------------------|
| Yes                   | 62        | 45.93   | 62                      | 45.93                 |
| No                    | 73        | 54.07   | 135                     | 100.00                |
| Frequency Missing = 1 |           |         |                         |                       |

### The FREQ Procedure

CIGNA - Did you and your doctor/health provider talk about reasons you might want to take a medicine?

### The FREQ Procedure

| MedDiscuss             | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |
|------------------------|-----------|---------|-------------------------|-----------------------|
| Yes                    | 59        | 95.16   | 59                      | 95.16                 |
| No                     | 3         | 4.84    | 62                      | 100.00                |
| Frequency Missing = 74 |           |         |                         |                       |

CIGNA - Did you and your doctor/health provider talk about reasons you might want to stop taking a medication?

### The FREQ Procedure

| MedNoDiscuss           | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |
|------------------------|-----------|---------|-------------------------|-----------------------|
| Yes                    | 40        | 64.52   | 40                      | 64.52                 |
| No                     | 22        | 35.48   | 62                      | 100.00                |
| Frequency Missing = 74 |           |         |                         |                       |

CIGNA - Did you and your doctor/health provider ask what you thought was best for you when discussing starting or stopping a medication?

| MedBestAsk             | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |
|------------------------|-----------|---------|-------------------------|-----------------------|
| Yes                    | 47        | 77.05   | 47                      | 77.05                 |
| No                     | 14        | 22.95   | 61                      | 100.00                |
| Frequency Missing = 75 |           |         |                         |                       |

CIGNA - How would you rate your health care quality in the last six months?

| CareRate | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |
|----------|-----------|---------|-------------------------|-----------------------|
| Bad      | 21        | 15.44   | 21                      | 15.44                 |
| Good     | 50        | 36.76   | 71                      | 52.21                 |
| Great    | 65        | 47.79   | 136                     | 100.00                |

### The FREQ Procedure

CIGNA - How often was it easy to get care, tests, or treatments you needed?

### The FREQ Procedure

| CareEasy        | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |
|-----------------|-----------|---------|-------------------------|-----------------------|
| Sometimes/Never | 15        | 11.03   | 15                      | 11.03                 |
| Usually         | 51        | 37.50   | 66                      | 48.53                 |
| Always          | 70        | 51.47   | 136                     | 100.00                |

CIGNA - How often did your doctor explain things in a way that was easy to understand?

# The FREQ Procedure

| DrUnderstand           | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|------------------------|-----------|---------|-------------------------|-----------------------|--|
| Sometimes/Never        | 3         | 2.68    | 3                       | 2.68                  |  |
| Usually                | 20        | 17.86   | 23                      | 20.54                 |  |
| Always                 | 89        | 79.46   | 112                     | 100.00                |  |
| Frequency Missing = 24 |           |         |                         |                       |  |

CIGNA - How often did your personal doctor listen to you?

# The FREQ Procedure

| DrListen               | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |
|------------------------|-----------|---------|-------------------------|-----------------------|
| Sometimes/Never        | 7         | 6.25    | 7                       | 6.25                  |
| Usually                | 20        | 17.86   | 27                      | 24.11                 |
| Always                 | 85        | 75.89   | 112                     | 100.00                |
| Frequency Missing = 24 |           |         |                         |                       |

CIGNA - How often did your personal doctor show respect for what you had to say?

| DrRespect              | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|------------------------|-----------|---------|-------------------------|-----------------------|--|
| Sometimes/Never        | 4         | 3.57    | 4                       | 3.57                  |  |
| Usually                | 19        | 16.96   | 23                      | 20.54                 |  |
| Always                 | 89        | 79.46   | 112                     | 100.00                |  |
| Frequency Missing = 24 |           |         |                         |                       |  |

### CIGNA - How often did your personal doctor spend enough time with you?

| DrTime                 | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|------------------------|-----------|---------|-------------------------|-----------------------|--|
| Sometimes/Never        | 7         | 6.31    | 7                       | 6.31                  |  |
| Usually                | 28        | 25.23   | 35                      | 31.53                 |  |
| Always                 | 76        | 68.47   | 111                     | 100.00                |  |
| Frequency Missing = 25 |           |         |                         |                       |  |

### The FREQ Procedure

CIGNA - In the last six months, did you get care from another doctor or health provider other than your personal doctor?

### The FREQ Procedure Cumulative Cumulative CareMulti Percent Frequency Percent Frequency 70.54 70.54 Yes 79 79

| 33    | 29.46       |         |
|-------|-------------|---------|
| Frequ | uency Missi | ng = 24 |

100.00

112

CIGNA - How often did your personal doctor seemed informed with care you received from other doctors or providers?

No

### The FREQ Procedure

| DrInformedMultiDr      | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|------------------------|-----------|---------|-------------------------|-----------------------|--|
| Sometimes/Never        | 12        | 15.58   | 12                      | 15.58                 |  |
| Usually                | 27        | 35.06   | 39                      | 50.65                 |  |
| Always                 | 38        | 49.35   | 77                      | 100.00                |  |
| Frequency Missing = 59 |           |         |                         |                       |  |

### CIGNA - How would you rate your personal doctor?

| DrRate                 | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|------------------------|-----------|---------|-------------------------|-----------------------|--|
| Bad                    | 13        | 10.92   | 13                      | 10.92                 |  |
| Good                   | 28        | 23.53   | 41                      | 34.45                 |  |
| Great                  | 78        | 65.55   | 119                     | 100.00                |  |
| Frequency Missing = 17 |           |         |                         |                       |  |

### CIGNA - Did you visit a specialist?

| Specialist | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |
|------------|-----------|---------|-------------------------|-----------------------|
| Yes        | 80        | 58.82   | 80                      | 58.82                 |
| No         | 56        | 41.18   | 136                     | 100.00                |

# The FREQ Procedure

CIGNA - How often did you get an appointment with a specialist as soon as you needed?

### The FREQ Procedure

| SpecialistFast         | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|------------------------|-----------|---------|-------------------------|-----------------------|--|
| Sometimes/Never        | 15        | 18.75   | 15                      | 18.75                 |  |
| Usually                | 23        | 28.75   | 38                      | 47.50                 |  |
| Always                 | 42        | 52.50   | 80                      | 100.00                |  |
| Frequency Missing = 56 |           |         |                         |                       |  |

CIGNA - How would you rate your specialist?

# The FREQ Procedure

| SpecialistRate         | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|------------------------|-----------|---------|-------------------------|-----------------------|--|
| Bad                    | 10        | 12.66   | 10                      | 12.66                 |  |
| Good                   | 19        | 24.05   | 29                      | 36.71                 |  |
| Great                  | 50        | 63.29   | 79                      | 100.00                |  |
| Frequency Missing = 57 |           |         |                         |                       |  |

CIGNA - Did you look for info in written materials or on the internet about your plan?

| InternetLook          | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|-----------------------|-----------|---------|-------------------------|-----------------------|--|
| Yes                   | 46        | 34.33   | 46                      | 34.33                 |  |
| No                    | 88        | 65.67   | 134                     | 100.00                |  |
| Frequency Missing = 2 |           |         |                         |                       |  |

### CIGNA - How often did written materials or the internet provide info you needed regarding your health plan?

| InternetProvide        | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|------------------------|-----------|---------|-------------------------|-----------------------|--|
| Sometimes/Never        | 13        | 28.26   | 13                      | 28.26                 |  |
| Usually                | 23        | 50.00   | 36                      | 78.26                 |  |
| Always                 | 10        | 21.74   | 46                      | 100.00                |  |
| Frequency Missing = 90 |           |         |                         |                       |  |

### The FREQ Procedure

CIGNA - Did you look for information on how much you would have to pay for a health service or health equipment?

# The FREQ Procedure

| CostLook | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |
|----------|-----------|---------|-------------------------|-----------------------|
| Yes      | 25        | 18.38   | 25                      | 18.38                 |
| No       | 111       | 81.62   | 136                     | 100.00                |

CIGNA - How often did you find information on how much you would have to pay for a health service or health equipment?

# The FREQ Procedure

| CostFind                | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|-------------------------|-----------|---------|-------------------------|-----------------------|--|
| Sometimes/Never         | 9         | 37.50   | 9                       | 37.50                 |  |
| Usually                 | 8         | 33.33   | 17                      | 70.83                 |  |
| Always                  | 7         | 29.17   | 24                      | 100.00                |  |
| Frequency Missing = 112 |           |         |                         |                       |  |

CIGNA - Did you look for information on how much you would have to pay for specific prescription medicines?

# The FREQ Procedure

| MedLook               | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |  |
|-----------------------|-----------|---------|-------------------------|-----------------------|--|--|
| Yes                   | 23        | 17.04   | 23                      | 17.04                 |  |  |
| No                    | 112       | 82.96   | 135                     | 100.00                |  |  |
| Frequency Missing = 1 |           |         |                         |                       |  |  |

CIGNA - How often were you able to find information on how much you would have to pay for specific prescription medicines?

| MedFind                 | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |  |
|-------------------------|-----------|---------|-------------------------|-----------------------|--|--|
| Sometimes/Never         | 7         | 31.82   | 7                       | 31.82                 |  |  |
| Usually                 | 6         | 27.27   | 13                      | 59.09                 |  |  |
| Always                  | 9         | 40.91   | 22                      | 100.00                |  |  |
| Frequency Missing = 114 |           |         |                         |                       |  |  |

### CIGNA - Did you get information or help from your health plan's customer services?

### The FREQ Procedure

| cs  | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |
|-----|-----------|---------|-------------------------|-----------------------|
| Yes | 42        | 30.88   | 42                      | 30.88                 |
| No  | 94        | 69.12   | 136                     | 100.00                |

CIGNA - How often were you able to get information or help from your health plan's customer services?

### The FREQ Procedure

| CSHelp                 | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|------------------------|-----------|---------|-------------------------|-----------------------|--|
| Sometimes/Never        | 8         | 19.05   | 8                       | 19.05                 |  |
| Usually                | 11        | 26.19   | 19                      | 45.24                 |  |
| Always                 | 23        | 54.76   | 42                      | 100.00                |  |
| Frequency Missing = 94 |           |         |                         |                       |  |

CIGNA - How often were you treated with respect and courtesy by your health plan's customer services?

# The FREQ Procedure

| CSRespect              | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |  |
|------------------------|-----------|---------|-------------------------|-----------------------|--|--|
| Sometimes/Never        | 3         | 7.14    | 3                       | 7.14                  |  |  |
| Usually                | 2         | 4.76    | 5                       | 11.90                 |  |  |
| Always                 | 37        | 88.10   | 42                      | 100.00                |  |  |
| Frequency Missing = 94 |           |         |                         |                       |  |  |

CIGNA - Did you have to fill out any forms with your health plan?

| Forms                 | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|-----------------------|-----------|---------|-------------------------|-----------------------|--|
| Yes                   | 33        | 24.63   | 33                      | 24.63                 |  |
| No                    | 101       | 75.37   | 134                     | 100.00                |  |
| Frequency Missing = 2 |           |         |                         |                       |  |

### CIGNA - How often were forms from your health plan easy to fill out?

| FormsEasy                 | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |  |  |
|---------------------------|-----------|---------|-------------------------|-----------------------|--|--|--|
| Sometimes/Never           | 14        | 42.42   | 14                      | 42.42                 |  |  |  |
| Usually                   | 9         | 27.27   | 23                      | 69.70                 |  |  |  |
| Always 10 30.30 33 100.00 |           |         |                         |                       |  |  |  |
| Frequency Missing = 103   |           |         |                         |                       |  |  |  |

### The FREQ Procedure

### CIGNA - Did you file any claims for care to your health plan?

# The FREQ Procedure

| ClaimsSend             | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|------------------------|-----------|---------|-------------------------|-----------------------|--|
| Yes                    | 61        | 57.01   | 61                      | 57.01                 |  |
| No                     | 46        | 42.99   | 107                     | 100.00                |  |
| Frequency Missing = 29 |           |         |                         |                       |  |

CIGNA - How often were claims for care to your health plan handled quicly?

# The FREQ Procedure

| ClaimsQuick            | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|------------------------|-----------|---------|-------------------------|-----------------------|--|
| Sometimes/Never        | 5         | 10.42   | 5                       | 10.42                 |  |
| Usually                | 14        | 29.17   | 19                      | 39.58                 |  |
| Always                 | 29        | 60.42   | 48                      | 100.00                |  |
| Frequency Missing = 88 |           |         |                         |                       |  |

CIGNA - How often were claims for care to your health plan handled correctly?

| ClaimsCorrect          | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |  |
|------------------------|-----------|---------|-------------------------|-----------------------|--|--|
| Sometimes/Never        | 7         | 13.46   | 7                       | 13.46                 |  |  |
| Usually                | 17        | 32.69   | 24                      | 46.15                 |  |  |
| Always                 | 28        | 53.85   | 52                      | 100.00                |  |  |
| Frequency Missing = 84 |           |         |                         |                       |  |  |

### CIGNA - How would you rate your health plan?

| PlanRate              | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|-----------------------|-----------|---------|-------------------------|-----------------------|--|
| Bad                   | 18        | 13.33   | 18                      | 13.33                 |  |
| Good                  | 49        | 36.30   | 67                      | 49.63                 |  |
| Great                 | 68        | 50.37   | 135                     | 100.00                |  |
| Frequency Missing = 1 |           |         |                         |                       |  |

### The FREQ Procedure

CIGNA - In general, how woul you rate your overall health?

| The FREQ Procedure | е |
|--------------------|---|
|--------------------|---|

| OverallHealthRate | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |
|-------------------|-----------|---------|-------------------------|-----------------------|
| Excellent         | 13        | 9.56    | 13                      | 9.56                  |
| Very Good         | 43        | 31.62   | 56                      | 41.18                 |
| Good              | 68        | 50.00   | 124                     | 91.18                 |
| Fair              | 11        | 8.09    | 135                     | 99.26                 |
| Poor              | 1         | 0.74    | 136                     | 100.00                |

CIGNA - In general, how woul you rate your overall mental or emotional health?

# The FREQ Procedure

| MentalHealthRate | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |
|------------------|-----------|---------|-------------------------|-----------------------|
| Excellent        | 38        | 27.94   | 38                      | 27.94                 |
| Very Good        | 41        | 30.15   | 79                      | 58.09                 |
| Good             | 51        | 37.50   | 130                     | 95.59                 |
| Fair             | 6         | 4.41    | 136                     | 100.00                |

CIGNA - Do you now smoke cigarettes or use tobacco every day, some days, or not at all?

# The FREQ Procedure

| Smoke                   | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|-------------------------|-----------|---------|-------------------------|-----------------------|--|
| Yes                     | 4         | 30.77   | 4                       | 30.77                 |  |
| No                      | 9         | 69.23   | 13                      | 100.00                |  |
| Frequency Missing = 123 |           |         |                         |                       |  |

CIGNA - How often were you advised to quit smoking or using tobacco by your doctor/health provider?

### The FREQ Procedure

| SmokeAdvice             | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|-------------------------|-----------|---------|-------------------------|-----------------------|--|
| Sometimes/Never         | 7         | 53.85   | 7                       | 53.85                 |  |
| Always                  | 6         | 46.15   | 13                      | 100.00                |  |
| Frequency Missing = 123 |           |         |                         |                       |  |

CIGNA - How often was medication recommended to help quit smoking/tobacco products by your doctor/health provider?

| SmokeMedicine           | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|-------------------------|-----------|---------|-------------------------|-----------------------|--|
| Sometimes/Never         | 9         | 69.23   | 9                       | 69.23                 |  |
| Usually                 | 3         | 23.08   | 12                      | 92.31                 |  |
| Always                  | 1         | 7.69    | 13                      | 100.00                |  |
| Frequency Missing = 123 |           |         |                         |                       |  |

# The FREQ Procedure

CIGNA - How often were methods or strategies (other than medication) discussed or provided to help quit smoking/tobacco products by your doctor/health provider?

### The FREQ Procedure

| SmokeStrategies         | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|-------------------------|-----------|---------|-------------------------|-----------------------|--|
| Sometimes/Never         | 10        | 76.92   | 10                      | 76.92                 |  |
| Always                  | 3         | 23.08   | 13                      | 100.00                |  |
| Frequency Missing = 123 |           |         |                         |                       |  |

CIGNA - Did you receive health care 3 or more times for the same condition or problem?

### The FREQ Procedure

| RptCare | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |
|---------|-----------|---------|-------------------------|-----------------------|
| Yes     | 53        | 38.97   | 53                      | 38.97                 |
| No      | 83        | 61.03   | 136                     | 100.00                |

CIGNA - Did this condition last longer than 3 months (not including pregnancy or menopause)?

# The FREQ Procedure

| RptCareMonths          | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|------------------------|-----------|---------|-------------------------|-----------------------|--|
| Yes                    | 46        | 90.20   | 46                      | 90.20                 |  |
| No                     | 5         | 9.80    | 51                      | 100.00                |  |
| Frequency Missing = 85 |           |         |                         |                       |  |

CIGNA - Do you now need to take medicine prescribed by a doctor (not including birth control)?

| TakeMed               | Frequency | Percent | Cumulative<br>Frequency | Cumulative<br>Percent |  |
|-----------------------|-----------|---------|-------------------------|-----------------------|--|
| Yes                   | 91        | 67.91   | 91                      | 67.91                 |  |
| No                    | 43        | 32.09   | 134                     | 100.00                |  |
| Frequency Missing = 2 |           |         |                         |                       |  |