

2020

Tobacco Use

Before, During, and After Pregnancy

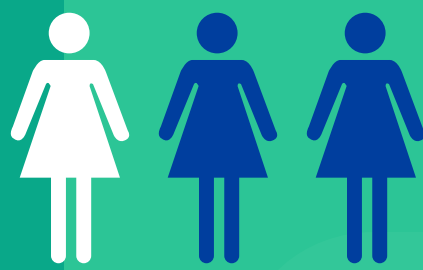
Source: CDC Missouri Pregnancy Risk Assessment Monitoring System (PRAMS 2020).

Before Pregnancy

20% of women smoked before pregnancy

31%

Nearly 1 in 3 WIC participants smoke cigarettes



During Pregnancy



96%

of pregnant women are screened for cigarette use during prenatal care



74%

of women who smoke during pregnancy received Medicaid benefits

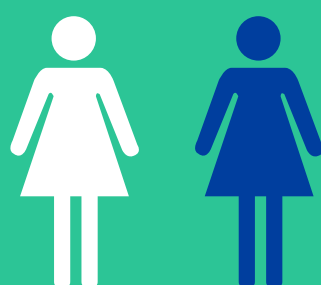
11% of women smoked during pregnancy

After Pregnancy

15% of women smoked after pregnancy

45%

Almost half of women relapse after quitting smoking while pregnant



E-Cigarette Use



9%

1 in 10 women used e-cigarettes in 2 years prior to pregnancy.

6% of women used e-cigarette in the 3 months before pregnancy

2% of women used e-cigarette in the last 3 months during pregnancy

Did you know?

MO HealthNet offers help to quit smoking.

- Food and Drug Administration-approved medications
- Individual counseling
- Group counseling
- Coverage for unlimited quit attempts

Promote Tobacco Cessation

Use the "Ask, Advise, and Refer" approach to increase cessation rates – it takes just 3 minutes!

During the postpartum checkup, 42% of the mothers who smoke said that their health care worker did not ask if they were smoking cigarettes.

Please visit or call:

Missouri Tobacco Quitline
800-QUIT-NOW (800-784-8669)
or www.quitnow.net/Missouri

Department of Health and Senior Services: Tobacco Control
health.mo.gov/living/wellness/tobacco/smokingandtobacco/

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