

These next questions are about you.

S1. What is your living situation today?

Check ONE answer

- I have a steady place to live
- I have a place to live today, but I am worried about losing it in the future
- I do not have a steady place to live (I am temporarily staying with others, in a hotel, in a shelter, living outside on the street, on a beach, in a car, abandoned building, bus or train station, or in a park)

S2. During the last 12 months, was there a time when you were not able to pay your mortgage, rent, or utility bills?

- No
- Yes

S3. During the last 12 months, how often did the food that you bought not last, and you didn't have money to get more? Was that...

- Always
- Usually
- Sometimes
- Rarely
- Never

S4. During the last 12 months, how often were you unable to afford to eat balanced meals?

A balanced meal includes all the types of food that you think should be in a healthy meal. For example, a starch like potatoes or rice, vegetables or fruit, and some protein like meat, fish, cheese, or eggs.

- Always
- Usually
- Sometimes
- Rarely
- Never

S5. During the last 12 months, has lack of reliable transportation kept you from medical appointments, meetings, work, or from getting things needed for daily living?

- No
- Yes

S6. During the last 12 months, how often did your doctors, nurses, or other health providers explain things about your health in a way that was easy to understand?

- Always
- Usually
- Sometimes
- Rarely
- Never

S7. Since your new baby was born, have you felt that you have needed mental health services such as counseling, medications, or support groups to help with feelings of anxiety, depression, grief, or other issues?

- No → **Go to Question S10**
- Yes

S8. Were you able to get the mental health services that you needed?

- No
- Yes → **Go to Question S10**

Go to Question S9

S9. Which of these statements explains why you did not get the mental health services you needed?

Check ALL that apply

- I couldn't afford the cost
- My health insurance does not cover any type of mental health treatment or counseling
- My health insurance does not pay enough for mental health treatment or counseling
- I did not know where to go to get services
- I was concerned that the information I gave the counselor might not be kept confidential
- I didn't want others to find out that I needed treatment
- I was concerned that I might be committed to a psychiatric hospital
- I was concerned that I might have to take medicine
- I had no transportation, treatment was too far away, or the hours were not convenient
- I didn't have time (because of job, childcare, or other commitments)
- Some other reason → Please tell us:

S10. During your life, how often have you felt that you were treated badly or unfairly because of your race or ethnicity?

- Always
- Usually
- Sometimes
- Rarely
- Never

S11. During the last 12 months, how often would you say you get the social and emotional support you need?

- Always
- Usually
- Sometimes
- Rarely
- Never

Please turn the page and answer the question on the other side.

Please answer a few final important questions on the attached sheet.

S12. Stress means a situation in which a person feels tense, restless, nervous, or anxious, or is unable to sleep at night because their mind is troubled all the time.

Within the last 30 days, how often have you felt this kind of stress?

- Always
- Usually
- Sometimes
- Rarely
- Never

**Thank you for answering these questions!
Your answers will help us learn more about
how to keep pregnant women and their
babies healthy.**