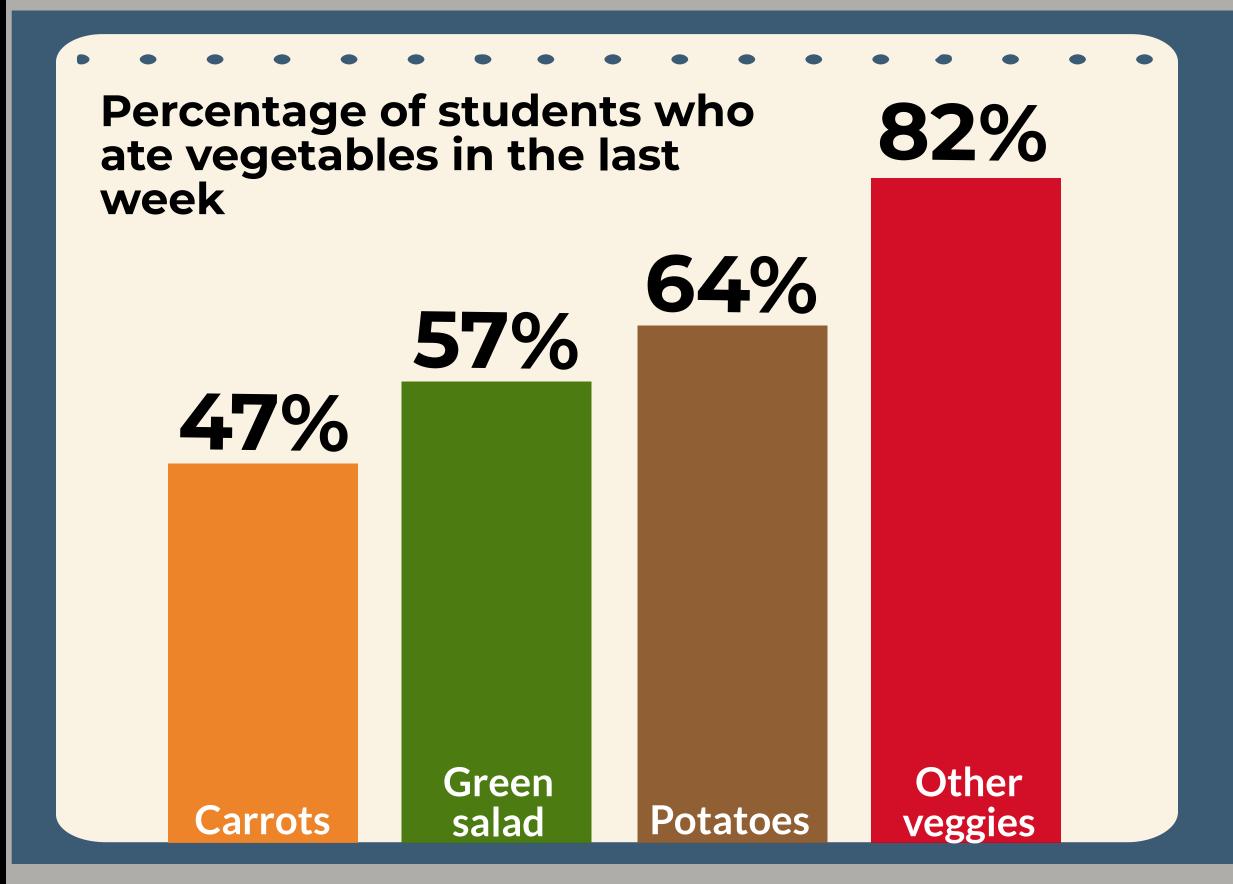
## Healthy Eating & Activity

Among Missouri High School Students

## Did You Know?

48% of high school students exercise at least 60 minutes per day!



78% of students did not get the recommended 8 hours of sleep a night.





