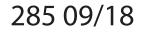
## Missour Fruits and Vegetables Harvest Calendar

Fruits and vegetables that are in season taste great, are better quality and offer better value. Seek out seasonal produce from nearby farms or farmer's markets. Add them to salad bars, meals and snacks.

Store broccoli and spinach in The other vegetables will state in a cool, dry place, fresh decision blace, fresh decision stop at







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