

Family Caregivers Subcommittee

Notes from April 6, 2023 meeting

- I. Background information needed
 - a. Resources and learning options for life transitions
 - b. Best practices from other states:
 - i. Kansas Department of Aging
 - ii. Iowa (www.iowacaregivers.org)

- II. Caregiver support
 - a. More respite care / break down silos in respite care
 - b. Caregiver strain; chronic sorrow—trauma on a day-to-day basis
 - c. Role of volunteers in supporting family caregivers
 - d. Need training for family caregivers,
 - i. financial support options
 - ii. transitioning from institution back home
 - e. Peer support / support groups for older caregivers
 - f. Transportation to non-emergency appointments when caregivers aren't available
 - g. Broadband access to increase capacity for socialization, education, training, etc.
 - h. Low income caregivers struggle because subsidy payments are used as income for TANF and SNAP eligibility

- III. Workforce Challenges
 - a. Long term sustainability of workforce
 - b. Employee shortage—need for capacity building
 - i. What does fully staffed look like?
 - ii. How can community support that system?
 - c. Employer policy needs to support caregiving
 - d. Need to expand definition of family caregiver

- IV. Miscellaneous
 - a. Continuum of care and supports from state level—how to break department silos and plan for the future
 - b. More substantive, lengthier conversations in future