**Resources Shared During the Show Me Falls Free Coalition Meeting September 22, 2022**

**Webpage for the coalition**: <https://health.mo.gov/seniors/showmefallsfreemissouri/>

**Facebook Page for the coalition**: @ShowMeHealthAgingMO or <https://www.facebook.com/ShowMeHealthyAgingMO/>

**Coalitions Email**: [preventmofalls@gmail.com](mailto:preventmofalls@gmail.com) to sign up for the coalition steering committee or submit falls prevention programs that your organization offers.

**NCOA’s Falls Prevention Awareness Week Promotion Toolkit**: <https://www.ncoa.org/article/falls-prevention-awareness-week-toolkit>

**NCOA’s Falls Free CheckUp**: <https://www.ncoa.org/age-well-planner/assessment/falls-free-checkup>

**NCOA’s Falls Free Initiatives for Professionals**: <https://www.ncoa.org/professionals/health/center-for-healthy-aging/national-falls-prevention-resource-center/falls-free-initiative>

**NCOA’s Impact Survey**: <https://www.ncoa.org/article/falls-prevention-awareness-week-impact-reports> Short survey that allows you to submit Falls Prevention Awareness Activities you have done during Falls Prevention Awareness Week.

**Falls Prevention Programs Mentioned**

* MU Extension's fall prevention programs (A Matter of Balance, Tai Chi for Arthritis and Fall Prevention and Stay Strong, Stay Healthy) across the state
* Capable program: <https://nursing.jhu.edu/faculty_research/research/projects/capable/>
* Home Hazard Removal Program (HARP): <https://starklab.wustl.edu/resources/harp/#:~:text=The%20Home%20Hazard%20Removal%20Program,for%20community%2Ddwelling%20older%20adults>
* CAPABLE program in St. Louis offered by Deaconess Nurse Ministry, SLU, and Mission St. Louis 314 771-5000
* HARP is offered by StarK Lab at Washington University